

*From the Texas LULAC Deputy Director for the Elderly*

15 May 2008

## Special Points in this Issue

- **Elderly Conference Planned for August 2008**
- **District Deputy Directors for the Elderly sign up!**
- **National Conference for the Elderly in the works!**

## Texas Elderly Conference Planned in Austin

During the recent Veterans Summit at San Antonio, the State Deputy Director for the Elderly, Julia B. Villaronga met with Mr. Richard Fimbres, the National Vice President for the Elderly to discuss the possibility of a National Conference for the Elderly to be held in the State of Texas. Our State Deputy Director for the Elderly started planning for its initial Elderly Conference to be held in Austin Texas in August 2008.

As a result of this initial contact, a second meeting was held in Round

Rock, with Julia Villaronga, District 7 Co-Directors, Rita Garza, Marcelo Tafoya, Richard Sambrano, Deputy Director for the Elderly, District 3, and Adrian Rodriguez, National VP for the Southwest.

This Committee decided on a two day conference, with the first day being a Health Fair for all Elderly in the Austin area, and the second day a conference/seminar to discuss the needs of the Elderly, and the development of a plan for delivery of these services.

Mr. Tafoya agreed to

contact all possible Austin venues for this conference, while Ms Garza agreed to contact all State and Federal agencies that provide service to the Elderly in Austin. The Plan is to minimize or eliminate the cost to the Elderly participants in order to maximize their attendance and access to information and benefits. For more information, call 888-CL-LULAC. If other District Deputy Directors for the Elderly wish to attend, contact Ms Villaronga at 1-800-KILLEEN or [jvillaronga@clearwire.net](mailto:jvillaronga@clearwire.net)



**You are only as Old as you Feel— Age is just a number.....**

## United we Stand, Divided we Fall

Shortly after the State Convention in El Paso last year, I was contacted by the District 3 Deputy Director for the Elderly from Dallas (Richard Sambrano), and of course, District 17 (Raul Villaronga, my hubby) who offered

their assistance in matters for the Elderly. At the National Hispanic Coalition on Aging Conference in Dallas, I met Connie Martinez Deputy Director for the Elderly in District XX in San Antonio. At the above meeting in Aus-

tin, I discovered that there was not a Deputy for the Elderly in District 7. We need to identify and communicate with ALL Districts, so please let me know who are your Deputy Directors for the Elderly in your District!

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This publication will be a quarterly publication from your Texas Deputy State Director for the Elderly. It will contain information of interest to the Elderly, and is an excellent vehicle to share experiences throughout the State of Texas.

If you have a story or anecdote, or have experienced something that you think will be of interest to the Elderly in Texas, please write me and give me the information to publicize.

This publication will also be a vehicle to communicate with the LULAC Deputy Directors for the Elderly, as well as those agencies that serve the Elderly in Your Community. Feel free to make copies and distribute in your community.

**Experience and Knowledge  
are by-products of Aging!  
Share them with the younger  
generations....**

## Medicare Fraud

Have you ever been to a public place, like a Mall, Stadium, etc, and been lured by a promise of free health services, such as Blood Pressure Check, Diabetic Testing, etc? Sounds too good to be true? Well, perhaps it IS too good to be true. Just watch!

Many Community Hospitals and medical facilities do provide these services as a service to the Community. They may want to gather statistics about those they screened so they can report to their Corporate Headquarters

and get credit for those public services provided.

But, do they need to get your Medicare Number to provide this service? In this age of Identity Theft, you should treat your Medicare Number in the same manner as you protect your Social Security Account Number, your Credit Card Numbers, etc. Consider that the Medicare Number could be used to fraudulently file a claim with Medicare for services provided to you and others. What's the harm? It surely does not cost you any money

directly, however it costs all of us a small fortune, since the funds allocated for Medicare are being used to pay these scam artists, who under the pretext of "Free Services" are raiding our Medicare Funds for their own benefit.

So next time you receive free medical services in a public place, please DO NOT PROVIDE YOUR MEDICARE NUMBER, since they don't need that number to provide the "free" services.

